

Education

- M.A. **Master Of Arts in Liberal Studies, majoring in Clinical Psychology.** Valparaiso University.
- B.A. **Bachelor's Degree in Clinical Psychology.** Indiana University.
- C.H. **Certified Hypnotist.** Midwest Institute Of Hypnosis.

2004-2007

Neuro-Linguistic Programming (NLP) Certifications

McFall Training Institute. Completion of Basic, Advanced, Train-The-Trainer, and Intensive Internship courses over the span of four years. Courses focused on teaching maturity, strategic influence, advanced communication protocols, the creation of subjective reality, and the study of excellence in diverse fields.

Advanced Counseling in Clinical Psychology

1996-1997

Illinois School of Professional Psychology: Chicago, Illinois

36 credit hours completed in the Masters program in Clinical Psychology. Courses taken included IQ testing, counseling strategies, and a strong focus on issues of racism and sexism.

Master of Arts in Liberal Studies

1993-1995

Valparaiso University, Indiana

Master of Arts in Liberal Studies with a **concentration in Clinical Psychology** and Theology. Valparaiso University is the top-rated Liberal Arts school in the country. All courses were in psychology (e.g., theory, content, individual and group processes) and theology (history, background, beliefs.)

Bachelor of Arts in Clinical Psychology

1988-1993

Indiana University, Indiana

Strengths in Psychology, Interpersonal Communication, and Sociology.

Hypnotism Certification (#38000056)

Winter 1997

Hypnosis Institute of Indiana; Indianapolis, Indiana

Completed 100 hours of training in Advanced Scientific Hypnosis, qualifying for *State Licensure* in the State Of Indiana.

- Summer 1997 **Supervised Clinical Psychotherapy Practicum**
Over 200 hours of therapy supervision under the guise of Dr. Belinda Hubert, P.h.D. This supervision was provided at Lowell Medical Services, which was run in conjunction with *St. Margaret Mercy Health Care Centers*. My services were also provided at the *Lowell Nursing Home* in Indiana. I provided short and long-term mental health counseling for people of various ages, cultures, and socio-economic backgrounds.
- Attended several training lectures including:
Rational Emotive Therapy conducted by Albert Ellis, Pre-Therapy with Schizophrenia conducted by Gary Prouty, Fear of Schizophrenia by Bertram Karon, New Developments in Obsessive-Compulsive Disorders and Its Co-Morbid Conditions, and several others.
- Fall 1997 **Advanced Hypnotherapy Certification**
Hypnosis Training Institute of Los Angeles
Completed course requirements for Advanced Hypnotherapy.
- 1993 **Certified Hypnotherapist Diploma**
Midwest Training Institute of Hypnosis; Fort Wayne, Indiana.
Training in theory, application, principles, testing, etc. Clinical experience included induction processes, somnambulism, applied hypnotherapy, pain management, regression, creative imagery, and creative visualization. A final exam both written and oral were administered final score was 100%. A supervised practicum was required and a total of 120 hours were completed.
- 1995-1996 **Supervised Experiential Group Therapy Practicum**
Completed 120 hours of supervision under Dr. John Harris, Ph.D., H.S.P.P., C.G.P., exceeding future requirements to become licensed as a group therapy practitioner.
- Spring 1998 **Reiki: Levels I, II, and III**
Trained by Reiki Master in Level I, II, and III of Usui Shiki Ryoho Reiki. Practicum also completed. Focus on energetic healing and integrative medicine.

Experience

2009 – Present **Hypnotism Academy Of Indiana (AC-0218), President & CEO**
 HAI is an Indiana State approved Hypnosis school that prepares and certifies people to become Certified Hypnotists. We also provide Neuro-Linguistic Programming (NLP) programs and advanced hypnotism training and internships. (www.ProfessionalHypnosis.com)

1997 – Present **Shurr ! Success, Inc., President & CEO (ShurrSuccess.com)**
 Shurr ! Success is a *personal and professional development company* that specializes in improving corporate cultures through excellence in leadership and strategic communication programs. We also offer training in conflict resolution, customer service, preventing stress and job burnout, innovation and productivity, and wellness programs.

1995 - Present **Indy Hypnosis, President (IndyHypnosis.com)**
 Indy Hypnosis is one of the countries top hypnosis practices. We specialize in helping people with weight loss, smoking cessation, natural pain reduction, overcoming fears, and achieving goals.

1994 **Addictions Counselor at St. Catherine’s Hospital.**
 Inpatient and outpatient drug and alcohol addiction program counselor. Worked with adults during recovery and focused on relapse-prevention.

1992-1995 **Psychiatric Counselor** Specializing In Behavioral Disorders in Teens.
 Employed for three years at Psychiatric institutions including *Charter Behavioral Health Care Systems* (inpatient unit) for two years and *Porter-Starke Community Services* (outpatient program) for one year.

 Duties on both inpatient and outpatient units included individual and group counseling, creating and implementing treatment plans, facilitating educational and therapeutic groups, charting client progress, supervising the milieu, holding meetings with primary caregivers, and providing progress reports. The target population consisted of children and adolescents, ages 5-19. Behavioral issues ranged from early mental illness ranging from eating disorders and self-mutilation to schizophrenia, bi-polar, and bpd. Also worked to get kids out of gangs and specialized in helping those with post-traumatic stress.

1998-2000

International Association of Wholistic Medicine™

Founder & President. *Integrative Medication* association designed to educate medical professionals and the general public as to the existence of integrative practices that focus on the person living within the human body. We wanted to help people become more accountable, proactive, and preventative with their healthcare while providing alternative options that supported medical protocols.

Publications/Presentations

Expertise is in leadership, communication, team building, improving corporate cultures, behavior modification, and eliminating self-sabotage. Previous clients include Verizon, Amway, Century 21, U.S. Steel, Re/Max, Prudential, Coldwell Banker, Lake Mortgage, Charter Funding, Sandridge Bank, Chicago Title, Insure One, Ticor Title, NiSource, Quixtar, Purdue University, Ivy Tech State College, Verizon, American United Life, American Family Insurance, Y-Me, Speaking of Women's Health, Indiana University, Central Restaurant Products, University of Phoenix, SHRM, St. Mary Medical Hospital, and Centier Bank.

Sample presentation titles include: Transformational Leadership!

3 Steps To Making Breakthroughs With Your Team. Get Out Of Your Way! How to Eliminate Self-Sabotage and Win Your Life! Using Innovative Leadership Tactics To Ignite Your Team! 3 Strategies For Creating A Dynamic Corporate Culture! Turing Resistant Clients Into Raving Fans Using Neuro-Linguistic Programming! Immediate Rapport Skills For Medical Professionals: How To Quickly Increase Your Patient Satisfaction Survey's! Emergency Communication Skills For 1st Responders.

Media

Featured and quoted in newspapers, magazines, online articles, and blogs across the country and throughout the Internet. I have authored 5 books including, *What To Do When You Don't Know What To Do*, *The Best Time To Relax Is When You Don't Have Time To*, *The Power Of Optimism*, *Get Out Of Your Way*, and *The Diabetic Solution*. (EliminateSabotage.com)

A regular expert guest on TV and Radio programs nationally and internationally. Clips of TV show and radio interviews can be found at www.TimShurr.com/pressroom

Research Experience

Currently working with **IU Health** studying the efficacy of hypnosis for helping patients with sustained weight loss, stress management, and obesity prevention.

Teaching Experience

Director and lead trainer at *Hypnotism Academy Of Indiana* and *Shurr Success Seminars*. Facilitator of Basic/Advanced Hypnotherapy and Basic/Advanced Neuro-Linguistic Programming classes, and 4-Day intensive *Design Your Destiny™* seminars. Training's are also facilitated at schools, Fortune 500 companies, adult education programs, and non-profit organizations.

Also an award winning national trainer for such organizations as the *National Guild of Hypnotists*, the *International Medical and Dental Hypnotherapy Association*, the *International Association of Counselors and Therapists*, and the *International Hypnotist Training Consultants*.

Memberships/Awards

Rotary, Rainmakers, International Medical and Dental Hypnotherapy Association, International Association of Counselors and Therapists, International Hypnotist Training Consultants, National Guild of Hypnotists (NGH).

2011 Hypnotist Of The Year – Mid-America Hypnosis Board.

2009 Ormond McGill Award – Presenter of the Year. Presented by NGH.

Interests

My vision is to teach Hypnosis and NLP to mental health professionals around the world, which will equip them with the latest cutting edge therapeutic strategies for behavior modification and emotional mastery.

I am also creating curriculum to teach **Emotional Mastery Education (EME)** to children and teens by implementing school programs that emphasize mental and emotional mastery with the goal of reducing and eliminating insecurity, low self esteem, and self-sabotage.

I am also getting these tools for transformation (**EME**) to military personal who are suffering from *Post Traumatic Stress Syndrome*.

Finally, **EME** is necessary to prevent the continued rise of *obesity* in America. I plan to work with the American Diabetes Association on this.

Experience

I have hypnotized over 30,000 clients from all over the world over the last 24 years and worked with some of the most successful companies. Intensive academic training combined with real world experience as a presenter, teacher, and trainer has provided me the ability to quickly “read” and transform human behavior and teach others how to do the same. It's both a passion and a calling.